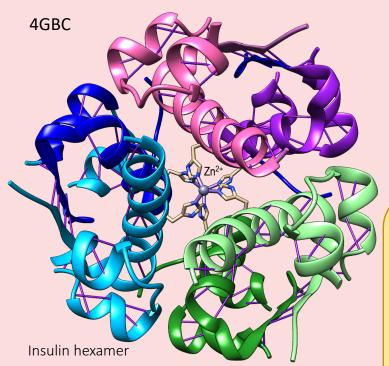
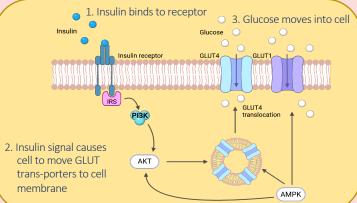
SIGNALING MOLECULE



Insulin

- a hormone secreted by the β cells of pancreas
- decreases blood glucose levels by prompting cells to use or store glucose



LOCATION

- gene coding for insulin located on human chr. 11
- produced by β cells of Islets of Langerhans in pancreas
- synthesis of pre-proinsulin (110 aa) directed by signal peptide to RER
- in RER signal peptide removed yielding pro-insulin (86 aa)
- processed in GA by removal of C-peptide and folding into insulin (51 aa)
- secreted into blood in response to increased blood glucose levels

STRUCTURE

- human insulin (monomer) is made of 51 amino acids
- monomer consists of A chain (21 aa) and B chain (30 aa) linked by disulfide bridges (between two cysteine residues)
- monomer has three alpha helices and one beta strand stabilized by hydrogen bonds
- stored as a hexamer (six monomers) coordinated by central zinc ion (Zn²⁺)

FUNCTION

- decreases glucose level in bloodstream by signaling cells to uptake glucose
- cells respond by moving glucose transporters (GLUT) into the membrane for trans-port of glucose into the cell
- cells metabolize glucose or stored it as glycogen in liver and muscle
- also inhibits metabolism of carbo-hydrates, fats, and proteins.

Diabetes, a condition of high blood glucose¹

- Type 1 Diabetes: caused by genetic factors, autoimmune disease or viruses; β cells in pancreas are destroyed and cells do not produce insulin
- Type 2 Diabetes: developed; body becomes resistant to effects of insulin, therefore requires more
- Symptoms: thirst, hunger, increased urination, fatigue, irritability, blurred vision

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